

## Mark 8:34-38

<sup>34</sup> He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. <sup>35</sup> For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. <sup>36</sup> For what will it profit them to gain the whole world and forfeit their life? <sup>37</sup> Indeed, what can they give in return for their life? <sup>38</sup> Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

## Colossians 1:3-14

Paul Thanks God for the Colossians

<sup>3</sup> In our prayers for you we always thank God, the Father of our Lord Jesus Christ, <sup>4</sup> for we have heard of your faith in Christ Jesus and of the love that you have for all the saints, <sup>5</sup> because of the hope laid up for you in heaven. You have heard of this hope before in the word of the truth, the gospel <sup>6</sup> that has come to you. Just as it is bearing fruit and growing in the whole world, so it has been bearing fruit among yourselves from the day you heard it and truly comprehended the grace of God. <sup>7</sup> This you learned from Epaphras, our beloved fellow-servant. He is a faithful minister of Christ on your behalf, <sup>8</sup> and he has made known to us your love in the Spirit.

<sup>9</sup> For this reason, since the day we heard it, we have not ceased praying for you and asking that you may be filled with the knowledge of God's will in all spiritual wisdom and understanding, <sup>10</sup> so that you may lead lives worthy of the Lord, fully pleasing to him, as you bear fruit in every good work and as you grow in the knowledge of God. <sup>11</sup> May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully <sup>12</sup> giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light. <sup>13</sup> He has rescued us from the power of darkness and transferred us into the kingdom of his beloved Son, <sup>14</sup> in whom we have redemption, the forgiveness of sins.

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